



















### **TABLE OF CONTENTS**

LETTER FROM CEO & THE BOARD	3-4
STRATEGIC PLAN	5-6
PUSHING THROUGH ISOLATION	7-8
SAFE SPACES FOR TEENS	9-10
AWAY FROM DIGITAL DISTRACTIONS	11-12
SOMEONE WHO CARES	13-14
FIGHTING BACK TOGETHER	15-16
ACCESS TO CHILDCARE	17-18
SERVING A GROWING COMMUNITY	19-20
STATEMENT OF FINANCIAL POSITION	21
STAFF & VOLUNTEER LEADERSHIP	22

# LETTER FROM CEO & THE BOARD

As we reflect on 2024, we at the Y are very proud of how we have emerged from the years of uncertainty and disruptions experienced during the COVID-19 pandemic. We have found a renewed purpose in our work. Membership has demonstrated a strong resilience, growing to new all-time highs, while keeping the sense of belonging that defines the Y.

As we look ahead, we do so with urgency and ambition. Across the nation, too many people are facing complex and personal challenges, and our Y is showing up with real solutions.

- Creating spaces for people struggling with loneliness and isolation to find connection, socialization, and friendship.
- Investing in safe spaces for teens to hang out and be welcomed, empowered, and surrounded by mentors.
- Giving children who struggle with too much screen time something that can't be simulated online: real-world play, movement, and human connection.
- Surrounding kids from all backgrounds with caring adults, coaches, and mentors who show up repeatedly to provide encouragement, consistency, and love.
- Providing paths forward for people struggling with chronic diseases or other health concerns with evidence-based programs that lead to improved strength, resilience, and overall wellness.
- Offering affordable, high-quality early learning and enrichment for families navigating the high costs of childcare.

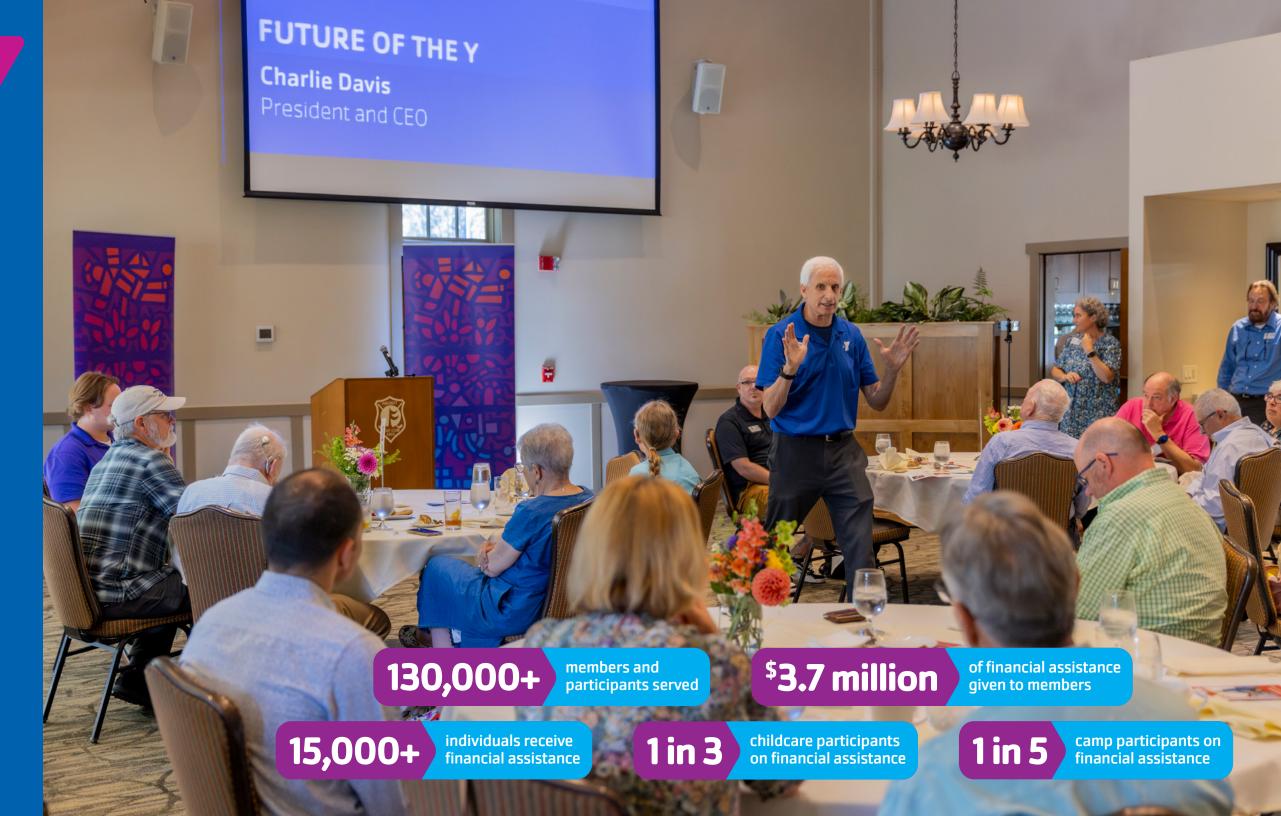
But we're not stopping here. We have established a vision for the future, launching our new three-year strategic plan which will sharpen our focus in four key areas: expanding community awareness and perception, optimizing community experience and well-being, growing sustainably with financial stewardship, and building a culture of resiliency and continuous improvement.

What makes the Y so special are the contributions made by members, volunteers, donors, and partners, who share a common commitment to what the Y means to our community. You are what makes this Y great, giving your time and resources. You are an integral part of a unique movement that transforms the lives of one child, one adult and one family at a time.

Thank you for believing in the mission of the YMCA. Together, we are building a healthier, more connected future for all. With gratitude.

Charlie Davis President & CFO

Lisa Wilson, 2024 Chair of the Board of Directors



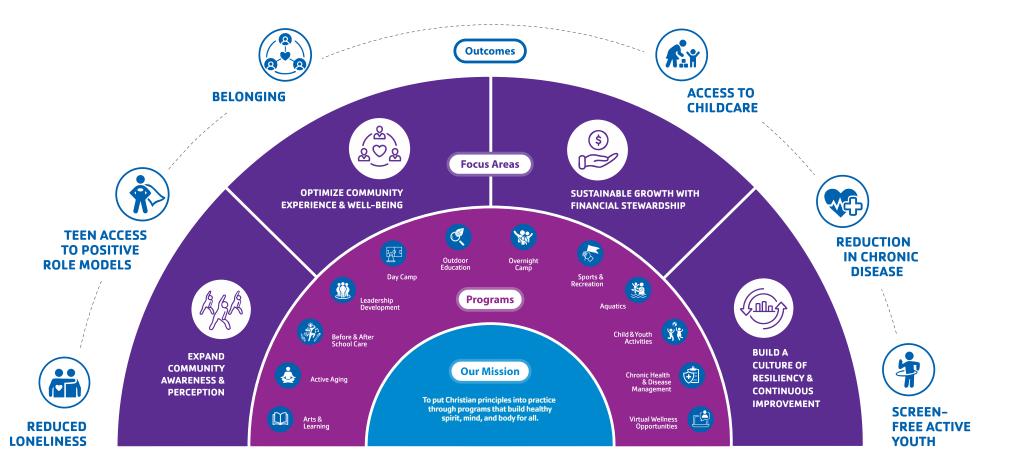


### **2025-2028 STRATEGIC PLAN**

#### YMCA OF PIERCE AND KITSAP COUNTIES



### **A HEALTHY FUTURE FOR ALL**



## STRATEGIC PLAN

In 2024, the YMCA, along with its board of directors, decided to update its strategic plan for the first time since 2018. This new three-year plan is the culmination of extensive collaboration and input from thousands of stakeholders, including major donors, community leaders, and members.

Our new vision statement, "a healthy future for all," encapsulates our commitment to fostering well-being and inclusivity within our community.

Our four new focus areas will help us maintain and cultivate healthy growth through 2028.



- **Expand Community Awareness & Perception:** 
  - We will reach more people through connection and storytelling, enhancing the visibility and understanding of our mission.
- **Optimize Community Experience & Well-being:** We will positively impact more lives and promote overall well-being by offering relevant programs and services.
- **Sustainable Growth with Financial Stewardship:** We are committed to growing responsibly and ensuring the financial health of our association.
- **Build a Culture of Resiliency & Continuous Improvement:** We will cultivate a resilient and continuously improving culture among our staff and leaders

# **B** PUSHING THROUGH ISOLATION

#### REDUCED LONELINESS

After losing his wife of 24 years, Dell faced a quiet he'd never known before. She had been his companion for decades, and her absence left him feeling deeply alone. In the following months, Dell rarely ventured out of the house, aside from the occasional grocery run. As summer came to an end, he knew it was time for a change, so he started looking for a gym.

That search led him to the nearby Lakewood Family YMCA, where he found much more than fitness.

Dell began attending a beginner's yoga class. He was unsure at first, but open to new experiences. This small step became a turning point for him, as the gentle movements, focus on breathing, and welcoming community helped ease the weight of his grief. He became stronger in both his body and his perspective of community.

"The community at the Y got me out of my shell to where I can actually go out and do things," Dell says. "They've always got somebody that'll help you out."

Now, Dell practices yoga and participates in Active Older Adult programs regularly. He's built friendships, regained confidence, and has found meaning in routines that bring him peace.

Through movement and community, the YMCA helps people like Dell not just reconnect with themselves, but with others.

WATCH DELL'S STORY















### **FUN, STABILITY, AND MENTORSHIP**

When school is out for the summer, it can mean long days and nights without much direction for teens. Third spaces like Late Nite offer structure, safety, and a sense of belonging away from school and home. For Pule, Late Nite has been a place where she found fun, stability, and mentorship.

Through the summer months, Late Nite opens every weekday evening and welcomes middle and high schoolers to a space filled with free food, music, games, sports, and caring adults.

"When I show up, I might be in a bad mood," Pule says. "But I always leave feeling great."

Over the years, she has made dozens of new friends, taken on leadership roles, and found a second home. "The Late Nite staff feels like family," says Pule. "They always check in and make sure we're okay."

Mina, a senior membership director at the Y, has seen Pule grow over the years. "She used to be quieter, but now she's the first to welcome new teens and step up to help. She's become a leader and a loyal friend."







# **AWAY FROM DIGITAL DISTRACTIONS**

### **SCREEN-FREE ACTIVE YOUTH**

For kids like Trevor, summer camp offers a break from the routine: a chance to log off, look up, and make real connections that last. In a time when rates of teen depression and loneliness have risen sharply alongside increases in screen time, spaces like Camp Seymour are more important than ever.

"In everyday life, we have phones and social media," Trevor says. "But at Camp Seymour, no one's using their phones. The friendships are stronger because everyone is being true."

Each summer. Trevor returns home more confident. more independent, and more himself. From flying down the zipline to earning his Whale Swim badge, he thrives on new challenges and the friends he makes along the way.

Many of Trevor's camp friendships have carried on into the school year. Recognizing a few cabinmates in the hallways made the transition to middle school feel significantly easier.

His foster mom. Adrienne, sees the difference too, "He comes back with more confidence. more stories, and more connections," she says. "Camp helps him grow in ways that stick."

At Camp Seymour, Trevor isn't just unplugging; he's found belonging, built connections, and is discovering who he is.

LEARN MORE ABOUT CAMP SEYMOUR





\* https://medicine.yale.edu/news-article/yale-study-probes-connection-betweenexcessive-screen-media-activity-and-mental-health-problems-in-youth/





# FIGHTING BACK TOGETHER

#### **REDUCTION IN CHRONIC DISEASE**

When Lynn first learned of her Parkinson's diagnosis, she wasn't sure of what would come next. But she knew she needed to stay active. She was already a Y member and had been attending exercise classes almost daily. When she told her class instructor about her diagnosis, she was immediately pointed to Rock Steady Boxing.

That recommendation changed everything for Lynn.

Parkinson's is a progressive disease with no cure. For many, staying active and connected with a community is one of the most powerful ways to fight back. Rock Steady Boxing uses boxing-based fitness to help improve

The classes offer more than just physical benefits. They provide structure, motivation, and a shared sense of purpose. Participants of Rock Steady Boxing describe the group as a second family. They come for the exercise, but stay for each other. The understanding, grace, and patience they find in class provide much needed support on a difficult journey.

"It's important that we have a chance to talk to other people with Parkinson's," says Lynn. "Because people just don't understand unless you've actually got it."

The Y's health and wellness programs, like Rock Steady Boxing, help heal through movement and connection. The program gives people living with Parkinson's the strength to keep going. It supports them physically, mentally, and socially, with others by their side.

LEARN MORE ABOUT ROCK STEADY BOXING









**SERVING A GROWING COMMUNITY** 

Expansion was a theme for the YMCA in 2024, marked by the groundbreaking of a new community center, commitment to providing youth with more places to play outdoors, and the debut of an Express YMCA to help serve a downtown community.

Construction of the **Pearl Street Family YMCA** officially kicked off in May of 2024, starting a new chapter for the Y in Tacoma. The modern, stateof-the-art facility will feature an aquatics center, climbing wall, strength training area, locker rooms, welcome center, and lounge areas. The Y is excited to continue serving the Pearl Street community for generations to come, as it has since the 1970s.

In August, the YMCA Board of Directors authorized the construction of the **Gig Harbor Sports Fields** near the Tom Taylor Family YMCA. The project consists of two synthetic turf fields, field lighting, and 100 parking stalls. More than 9,000 local youth participate in field sports in Gig Harbor and local sports groups have had to limit the number of participants and put kids on waitlists because of limited field space. The new sports fields will give more kids access to play sports and also help the Y expand its summer day camp activities. The fields are part of the Giq Harbor Sports Complex, which is being funded and constructed in partnership with the City of Gig Harbor.

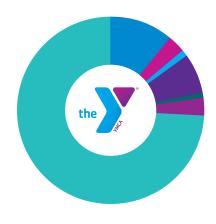
Finally, the Marina Square Express YMCA made its debut in October, delivering a compact fitness center designed with busy professionals and downtown residents in mind. Located in downtown Bremerton, members can enjoy cardio and strength equipment with sweeping views of the waterfront while they fit work outs into their busy work schedules. The Express YMCA is the result of a partnership with Sound West Group, which owns and operates the Marina Square living community in Bremerton.



## STATEMENT OF FINANCIAL POSITION

#### **ASSETS**

TOTAL ASSETS	\$144,374,619
Property & Equipment	\$106,807,913
Lease Right-of-Use Assets	\$4,045,107
Prepaid Expenses	\$1,537,391
Receivables	\$10,356,129
Endowment	\$1,348,492
Investments & Derivative Instruments	\$4,539,077
Cash	\$15,740,510
7.002.0	





**INVESTMENTS & DERIVATIVE** 

INSTRUMENTS

ENDOWMENT

**N** RECEIVABLES

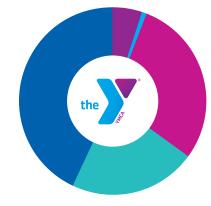
PREPAID EXPENSES

LEASE RIGHT-OF-USE ASSETS

PROPERTY & EQUIPMENT

#### LIABILTIES AND NET ASSETS

TOTAL LIABILITIES AND NET ASSETS	\$144,374,619
NET ASSETS	\$61,915,428
TOTAL LIABILITIES	\$82,459,191
Bond Issues	\$31,815,000
Lease Liabilities	\$41,966,514
Other Accruals	\$1,089,407
Accounts Payable	\$7,588,270





OTHER ACCRUALS

LEASE LIABILITIES

**BOND ISSUES** 

NET ASSETS

#### **AUDITED STATEMENT OF ACTIVITIES**

Total Revenue and Gain	\$78,862,378	Total Expenses	\$72,299,373
Membership Fees	\$46,027,512	General Operations and Management	\$15,828,521
Program Fees	\$16,790,251	Social Responsibility	\$523,146
Contributions	\$11,093,514	Youth Development	\$26,429,272
Grants and Contracts	\$4,045,717	Healthy Living	\$15,037,380
Other Income	\$905,384	Facilities	\$14,481,054

#### **OUR MISSION**

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all

#### YMCA OF PIERCE AND KITSAP COUNTIES

Mel Korum Family YMCA

Samara Jamison-Heydon

Pearl Street Family YMCA

Amy Chin | Co-Chair

Mark Tran | Co-Chair

Nichole Frandanisa

Jeff Jones

Luke Korum

Karen Oyama

Kay Tremper

Brittany Unruh

Dave Stachofsky

Karissa Thompson

4717 S 19th St, Suite 102, Tacoma WA 98405 253-534-7800 YMCAPKC.ORG



Tom Taylor Family YMCA

Olga Inglebritson | Vice Chair

Jessica Kennedy-Schlicher

Mary O'Connell-Knight

Kris Vining | Chair

Reid Ekbera

Tray Federici

Glen Grader

Ron Jones

Tom Taylor

George Hovany

Paul Schneider

Rick Fria

#### **BOARD MEMBERS**

Lisa Wilson | Chair Blake Bolton | Vice Chair Steve Gordon | Treasurer Deedra Walkey | Secretary Carl Cramer Tim Daly Wes Larson Deborah McLaren Anthony Panagiotu John Wiborg

#### **ENDOWMENT INVESTMENT** COMMITTEE

Todd Silver

Steve Hibbs | Chair Christian Anderson Skylar Houk Dennis Jensen Brad Lawson Anthony Panagiotu D. Chris Zocco

#### **ADVISORY COUNCIL MEMBERS**

**Bremerton Family YMCA** Charles Henderson | Chair Ben Anderson Connie Bauemeister Erica Delma Dana Ellis Neil Hoffman Gaylord Jackson Hillary Kimsey Tara Kirk-Sell Wes Larson Robbyn Meyrs Ken Riley

#### **Gordon Family YMCA** Scott Snyder | Chair

Jack Barrett Marita Benedict Barbara Bitetto Mariah Gordon Natasha Gunia Marilee Hill-Anderson Cindy Hochstatter David Radcliffe Elle Warmuth Joan Von Dolln

#### Haselwood Family YMCA

Jenni Waldron | Chair Tim Allen Daniel Baker Brvce Clark Wes Davis Daria Ilgen Lorinne Lee Claude McCrimmon Kevin Pentz Dr. Erin Prince Sarah Sullivan Bert Thibodaux Ed Wolfe

#### Lakewood Family YMCA

Ron Banner Mary Senecal | Chair Cynthia Hinds Robyn Carper Mandy Kaplan Roy Cutler Hakim Rahman Susan Gorny Michael Skramstad Dee Hammer Sondra Mangan Deborah Taylor Diana Stover JB Wilson

#### Tacoma Center YMCA and University YMCA

Bernard Anderson Kylie Hammett Marleina Mu'a Samuel Pena-Rojas Haina Mataese

Student Center

Andrew Homan

Josh Hopp | Chair Kevin Green Emma Kaapana Bruce Martin Marcus Miller Samantha Kelly Hollie Penuel Meegan Rucker

### YMCA Camp Seymour

#### STAFF LEADERSHIP

Charlie Davis President and Chief Executive Officer Brian Flattum

Senior Vice President and Chief Operating Officer

Bruce Caudil

Vice President of Information Technology Michelle Rose

Vice President and Chief Human Resources Officer

#### Toko Thompson Vice President and

Luke Dunivan Vice President and Chief Financial Officer Chief Marketing Officer

2024 ANNUAL REPORT 22

### HASELWOOD FAMILYYMCA the **BREMERTON FAMILY YMCA** MARINA SQUARE **EXPRESS YMCA** YMCA CAMP LAKE HELENA YMCA CAMP **TOM TAYLOR SEYMOUR FAMILY YMCA** TACOMA **CENTER YMCA PEARL STREET FAMILY YMCA UNIVERSITYYMCA** STUDENT CENTER GORDON **FAMILY YMCA LAKEWOOD FAMILY YMCA MEL KORUM FAMILY YMCA** YMCAPKC.ORG

## WHERE WE SERVE

#### **COMMUNITY CENTER LOCATIONS**

BREMERTON FAMILY YMCA 2261 Homer Jones Dr Bremerton, WA 98310

GORDON FAMILY YMCA 16101 64th St E Sumner, WA 98390

HASELWOOD FAMILY YMCA 3909 NW Randall Way Silverdale, WA 98383

LAKEWOOD FAMILY YMCA 9715 Lakewood Dr SW Lakewood, WA 98499

MARINA SQUARE EXPRESS YMCA 240 Washington Ave, Suite 400 Bremerton, WA 98337 MEL KORUM FAMILY YMCA 302 43rd Ave SE Puyallup, WA 98374

PEARL STREET FAMILY YMCA 1002 S Pearl St Tacoma. WA 98465

TACOMA CENTER YMCA 1144 Market St Tacoma. WA 98402

TOM TAYLOR FAMILY YMCA 10550 Harbor Hill Drive Gig Harbor, WA 98332

UNIVERSITY YMCA STUDENT CENTER 1710 Market Street Tacoma. WA 98402

#### **OUTDOOR CAMP LOCATIONS**

YMCA CAMP LAKE HELENA 11606 Ranch Drive SW Port Orchard, WA 98367 YMCA CAMP SEYMOUR 9725 Cramer Rd NW Gig Harbor, WA 98329

#### **MORE LOCATIONS**

YMCA ASSOCIATION OFFICE 4717 S 19th St Ste 102, Tacoma, WA 98405

YMCA CENTER FOR COMMUNITY IMPACT
Multiple locations at schools throughout Pierce County

YMCA EARLY LEARNING CENTERS

Multiple locations throughout Pierce County

YMCA 360 | YMCA 360.ORG

Virtual fitness and wellness classes available online anytime, anywhere