

# Summer Y Camp 2025

## Parent Handbook YMCA OF PIERCE AND KITSAP COUNTIES Family Y Facilities

## Welcome to Y CAMP at the YMCA of Pierce and Kitsap Counties

This summer the YMCA is offering youth an enriching camp experience to help get more out of summer break, more friendships, more accomplishments, and more confidence. Please use this information as a reference to prepare you and your camper for camp before you get there. Enjoy the summer.

#### Have the best camp experience at the YMCA!

At the Y, we believe the values and skills learned early in life are vital building blocks for future success. YMCA Camps provide quality camp experiences, which help children learn skills, develop lifelong friendships, and discover how to be their best while having fun, all while in a safe and supportive environment.

Campers will experience the week in their camp group being led by a counselor and teen CITs. They'll participate in small and large group games, campfires, singing, specialty camps, swimming, and crafts throughout the session.

#### WHAT IS SPECIAL ABOUT CAMP AT THE Y?

YMCA Y Camps are special for so many reasons. From learning our YMCA core values of Caring, Honesty, Respect and Responsibility; to gaining lifelong friendships with other campers, the Y provides smiles and laughter in a safe and happy environment. The following three focus for our staff and program for Y Camp are:

**ACHIEVEMENT:** Surrounding campers with chances to try new experiences.

**RELATIONSHIPS:** Inspiring campers to work and play together, creating friendships that last.

**BELONGING:** Making campers feel safe, welcomed, and able to express themselves.

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### Center Summer Sessions

Wk	Date	Bremerton	Gordon	Haselwood	Lakewood	MelKorum	Pearl	TomTaylor
1	6/16-20				✓			
2	6/23-27	✓	✓	✓	✓	✓	✓	✓
3	6/30-7/3	✓	✓	✓	✓	✓	✓	✓
4	7/7-11	✓	✓	✓	✓	✓	✓	✓
5	7/14-18	✓	✓	✓	✓	✓	✓	✓
6	7/21-25	✓	✓	✓	✓	✓	✓	✓
7	7/28-8/1	✓	✓	✓	✓	✓	✓	✓
8	8/4-8	✓	✓	✓	✓	✓	✓	✓
9	8/11-15	✓	✓	✓	✓	✓	✓	✓
10	8/18-22	✓	✓	✓	✓	✓	✓	✓
11	8/25-29	✓	✓	✓		✓	✓	✓
12	9/2-5						✓	

#### **Themes**

Wk	Date	Theme
1	6/16-20	MVP Week
2	6/23-27	Wacky Week
3	6/30-7/3	Stars and Strip
4	7/7-11	Galactic Adventures
5	7/14-18	Into the Jungle
6	7/21-25	Mission Impossible
7	7/28-8/1	Time Travel
8	8/4-8	Movie Magic
9	8/11-15	Amazing Race
10	8/18-22	Planes, Trains and Automobiles
11	8/25-29	County Fair
12	9/2-5	Fairy Tales

## **Check In and Check Out Information**

## **Extended Program (EP)**

Located at the Tents All Week Campers Only Ages 5-12 7 – 8:30am 4:30 – 6pm

Extended Program is available at no additional charge for those registered in All Week camp. Campers needing to be checked in or checked out during these time frames will participate in independent activities or small group activities, but not within their assigned Camp Groups. This time frame has a higher staff to camper ratio and activities will consist of board games, arts and crafts, and informal small group games often initiated, but counselor supervised, by the campers. In the morning, EP campers will be accompanied to their assigned Camp Group between 8:30 and 8:45am. In the afternoon the campers will be guided to the Extended Program staff at 4:15pm. All campers must be checked out by 6pm.

Important Please note that Extended Program will transition from EP to Camp Groups from 8:30am-8:45am and Checking In during this time frame will not be immediate as the camp staff manage the

transition. Early Check Out will also be delayed from 3:45-4pm to ensure all campers are ready for Check Out and in the correct locations.

### Check In

Y Campers not attending EP may begin checking in as early as 8:45am. The Camper Information form must be turned in prior or on the first day of the week. Additionally, waivers must be completed. Families will be delayed at Monday's Check In to complete these forms.

Parents will have the option to escort their child to their Camp Group and meet their Counselor and CITs or have one of the Y Camp Staff Chicken Runners escort them. We do encourage parents to meet our counselor staff, especially on the first day.

#### Late Check In

Campers arriving after 9:30am will need to check in at Welcome Center. Please note that Late Check In may be delayed depending on where the Camp Group and Y Camp staff are located.

## **Check Out**

4pm Parents/Guardians will pick up at their campers up at tents. Adults checking out the camper will be required to show ID, sign out in the Check Out notebook and locate their camper with their camp group.

#### **Early Check Out**

Campers needing to be checked out prior to 3:45pm will need to check out at Welcome Center. Please note, unless prior notice is provided, location and retrieval of the camper may take some time due to the large program areas. If written prior notice is provided to the Coordinator or Director, Y Camp staff can arrange to have the camper arrive at the Check Out location.

Please note: 3:45-4pm Check Out will be delayed to ensure we have all the campers ready and in the correct location for Check Out. Please do not engage the Camp Group Counselor for an early Check Out.

## **Program Descriptions**

The Day Camp programs at the Family Centers focus on Fitness, Movement and Play. The goal is to keep your child active through all the activities offered throughout the week.

**Itty Bitty Day Camp** is a 3 hour program for 3 and 4 year olds. Activities are scaled to the camper's younger abilities. Staff to camper ratios are 1:7. Campers must be potty trained. Program Hours are 9am to 12pm. Extended program not available to this age group.

<u>Mid Week and All Week Y Camps</u> are full days of fun activities for kids ages 5-12: arts and crafts, small and large group games, team builders and the week Specialty Camps.

Mid Week Y Camp is 9am-4pm Tuesday through Thursday All Week Y Camp 9am-4pm Monday through Friday

Campers grouped according to age. The staff to camper ratios are:

Ages 3&4 1 staff: 6 campers Ages 5&6 1 staff: 8 campers Ages 7&8 1 staff: 10 campers Ages 9-12 1 staff: 12 campers

## **Counselor in Training (CIT)**

CIT 1s are expected to be present for the following assignments as designated.

- 1. Assigned to an Itty Bitty group. M-F|8:15am-12:15pm
- 2. Assigned to an Itty Bitty group but work a full day as program support.

  M-F|8:15am-4:15pm
- Assigned to a Mid-Week Group Tuesday Thursday but still be required to attend Monday – Friday and be assigned as program support for Monday and Fridays. M-F[8:15am-4:15pm
- 4. Assigned to a All-Week Group. M-F|8:15am-4:15pm

#### CIT 2s

Teens are required to be in program from 8:15am – 4:15pm Monday through Friday. Partial days or weeks will not be permitted.

<u>Camp Groups.</u> Campers will participate in most of the activities with their Camp Group (assigned by age) and led by their counselor and Counselor In Training. Crafts, games, group and group challenges will fill the days.

**Specialty Camp (SC)** SC camp sessions are daily from 1-2:30pm for the All Week Y Campers and was selected at the time of registration. Campers will break into the SC for the time period and return to Camp Groups to finish the day.

<u>Camp Fire.</u> This occurs a few times a day. The time is used for sharing morning greetings, announcements, songs, skits and for breaking into Camper's Choice activities and after Camper's Choice is completed.

## Y Camp Sample Daily Schedule

Time	Activity
7am*	Extended Program (All Week Campers only)
9:00am	Check In: All Camp Groups/Extended Program joins Camp Groups
9:15am	Day Activities Begin!
9:30am	Campfire Announcements/Morning Exercise
9:50am	Camp Group Activity Crafts, Games, Team Building
10:30am	Unit Activity Activities with other assigned group – larger group games
11:15am	Get ready for Lunch
11:30pm	Lunch
12pm	Camp Group Activity
12:45pm	Campfire and get ready for Specialty Camp
1:00pm	Specialty Camps
2:30pm	Specialty Camps Reconvene to Camp Groups
2:40pm	Camp Group Time
3:45pm	Ready for Pick UP
4:00pm	Pick Up
4:30pm	Campers not picked up will transition to Extended Program
6pm	All Campers gone

## **Camper Information**

## Y Camp Staff

The YMCA aims to obtain staff who are energetic, love working with kids and understand the responsibility that comes with working with our families' children. Staff are provided a week of training that encompasses working with children, all aspects of day camp programming. Additionally, the YMCA provides Child Abuse Prevention and trainings that prepare young staff to be successful in a work environment. Many staff are CPR and first aid certified. Staff trained for first aid emergency response are always on hand. Camp staff are great with children, however they are not permitted to babysit, transport in personal vehicles, or have contact with campers outside of the YMCA. All the staff our screened nationally. Providing a fun and safe experience for the campers are the main priorities for the YMCA.

YMCA staff and volunteers are mandated child abuse reporters and are required to report any suspected child abuse to the proper authorities.

#### **Dress Code**

Dress your child in athletic apparel that allows them to fully participate in camp activities and games and leave sandals, flip flops and clothes that you don't want dirty at home.

#### **Inclement Weather**

YMCA staff are prepared and trained to activate emergency procedures in the event of severe weather, fire, building evacuation, or other immediate safety measures. Each YMCA branch has a specific disaster plan and a YMCA Emergency Management Guide.

### Lightning

Campers will be moved indoors for no less than 30 minutes after the last strike of lightning visible or within hearing of the area.

#### Smoke

Using the Air Quality Index (AQI), all activities will move indoors when the AQI is at 100 or above. Campers with asthma or respiratory conditions will be under advisory when the Index Value is 51-100.

#### Heat

When temperatures are Ninety (90) degrees or higher. Outside activities will be closely monitored with time constraints. Activities will be moved indoors if necessary. Please provide your camper with head covers, sun tan lotion and clothing that will keep them cool.

#### **Illness and Injury**

In consideration of other campers and staff, please do not bring sick children to camp. In the event of exposure to a communicable disease or virus, parents will be notified as quickly as possible. Make sure we have current contact information on file. We will contact you to pick up your camper immediately if:

- Camper is feeling ill for 30 minutes orlonger
- Camper has a fever of 100.4 degrees or higher
- Camper is vomiting, has diarrhea, persistent cough, watery or inflamed eyes, or sore throat.

Children absent because of contagious disease may return with a statement from a physician indicating the child is no longer contagious. Children absent because of lice may return when there is no sign of lice. In the event of injury, the Y's first-aid/CPR-certified staff will provide basic first-aid and/or CPR as the situation requires. Emergency Medical Services will be used to manage injuries requiring care beyond basic first aid which may include transportation for the injuries warranting such action. Parents will be notified immediately and in conjunction with 911 calls.

#### **Insurance**

Campers have an opportunity to participate in program activities which may involve a degree of risk. The parent or guardian is responsible for any medical expenses for an injury incurred at camp and to provide accident and health insurance while participating in all YMCA activities. The Y does not provide any health or accident coverage for its participants.

### **Accommodation**

At our YMCA family center Y Camps, we are committed to providing a safe and enjoyable experience for every child. Due to the size of our facilities and the structure of our programming, we are unable to provide 1:1 aide. Campers must be able to function within the group dynamic to maintain safety. To participate successfully, all campers must meet key behavioral and functional expectations. Campers must be able to:

- Follow basic safety instructions: This includes staying with the group, following rules, and respecting closed areas (pool area, gymnastics rooms, etc...).
- Independently manage personal needs: Campers should be able to dress themselves and use the bathroom without significant assistance.
- Respond to their name and stay with the group: It's essential that campers can stay with the group in our large outdoor environment for safety reasons.

The Y Camp environment and schedule is demanding and fast paced; if your child requires a 1:1 aide at school, they will likely need similar support at Y Camp.

#### Accommodations for Aides

While we cannot provide 1:1 aides, we can accommodate personal aides provided by families. If you plan to have an aide accompany your child, please contact us early to complete the required background check and orientation process.

Our goal is to create a safe, structured environment for all campers. If you have questions or need to discuss accommodations, please contact our camp office.

### **Lost and Found**

Lost and Found items at the end of the summer will be retained no longer than a month. All items will either be recycled, trashed, donated, or repurposed.

#### **Lunch and Snacks**

Lunch and snacks should be provided in a cooler type of container.

#### Media

Photographs/videos may be captured for YMCA records, program projects, marketing, and public relations and be used in media releases benefiting the YMCA. Parent/guardian must provide written notice to the Director if the camper's image is not be taken and used.

### Medication

All medication must be brought to a camp director in its original container labeled with the camper's name, date, directions, and physician's name. A medical authorization form is also required, the only exception is inhalers. If your camper requires an EpiPen®, see a camp director at the start of the camp session (please note, staff are unable to administer EpiPen®). Medical authorization forms will need to be completed by parents of children attending school-based locations.

If medication needs to go home with the camper at the end of each day, the parent must pick it up from the camp director. Unused medications will be returned at the end of the camp session.

#### Personal Belongings

Only allow your child to bring items that are necessary for day camp. Money, toys, sports equipment,

#### **Sunscreen**

Apply sunscreen to your child every day before camp begins. If additional applications are necessary, send sunscreen with your child to reapply later in the day (staff are unable to apply sunscreen). Remember to label the lotion with your child's full name.

#### What to Bring

- Filled water bottle
- Closed-toe shoes (please leave flip flops and sandals at htme)
- Small backpack
- Sunscreen
- Lunches and snacks in cooler lunch bags
- Coats and jackets to accommodate weather.

## **Behavior**

The YMCA of Pierce and Kitsap Counties' summer day camp programs take pride in being a part of a community composed of individuals working together to provide the best camp experience for all participants. We view ourselves as a family, providing a platform for our participants to be caring, honest, respectful and responsible.

Our goal is to have our campers exercise these character values in enhancing the camping experience. Therefore, campers are responsible for following YMCA Camp rules which are designed to give the best possible experience for everyone in a safe atmosphere, so that we all may learn and grow from each other. With that being said, we realize that all children, at some time, may make undesirable choices or misbehave. We view these times as opportunities for teachable moments, and a chance to reinforce our character values.

Counselors will outline expectations of behavior on the first day as well as reinforce the expectations daily. Camper and counselor relationships is an integral key in preventing negative behavior and ensuring one on one communication. Each day, counselors will work with the campers to help them make the best choices for the day, and share with parents, the camper's successes and learnings.

If a pattern of behavior that does not align with our Y values is exhibited by a camper and is negatively impacting the camp experience for others, the camper may be removed from camp.

The process is as outlined, however, severe negative behavior may result in the removal of the camper immediately.

#### **Behavior Management Process**

First Infraction: Discussion with camper and call or face to face contact with Parent/Guardian.

Second Infraction: Discussion with camper and Parent/Guardian will be provided written

notification.

Third Infraction: Day Camp Director will immediately contact Parent/Guardian for immediate

pick up AND 24-hour suspension from camp.

Fourth Infraction: Day Camp Director will immediately contact Parent/Guardian for immediate

pick up AND a week suspension from camp.

Fifth Infraction: Child will be permanently dismissed from the camp.

Reasons for dismissal from YMCA Day Camp

- Verbal abuse to another camper or adult
- Language with sexual connotations
- o Foul language
- Foul body language
- Extreme disrespect
- Camper physically confronting another camper or adult
- Physically fighting
- o Biting
- Touching another individual in a threatening manner
- Inappropriate touching
- Damage to YMCA property
- o Damage to property off YMCA site while on a YMCA function
- o Parents will be held financially responsible for all damages ((caveat: if a camper brings item on the "what not to bring list," that camper is responsible for loss or damage)
- > Theft
- Theft from the YMCA of Pierce and Kitsap Counties
- Theft of another participant's safety
- o Theft of property off YMCA site while on a YMCA function

## **Payment and Scholarships**

### **Full Payment Due and Draft Days**

To accurately staff each week of camp, we require the balance of all camp fees to be paid on Wednesdays three weeks prior to start of the camp.

To reserve multiple weeks of camp, contact your center's Membership staff to arrange to have fees drafted on a weekly basis.

Deposits are not required upon registration. Adding payment information will be required to enable drafting an account on Wednesdays, three weeks prior to the start of camp.

#### Refunds

- Refunds must be provided in writing.
- Full refunds available up to the Tuesday prior to Full Payment Due date
- Refund requests after the Full Payment due date must be inquired through Camp Registrar or Day Camp Director.
- Refund requests once the session has started may not be provided.
- In the case of homesickness, dismissal, or voluntary withdrawal during camp there is no refund of fees. If a child misses camp because of illness or injury, a physician-authorized written medical verification is required to be considered for a refund on or after the Friday before the camp week starts.

#### **Insufficient Funds and Withdrawals**

If payment is not able to be collected on the scheduled weekly draft, a \$30 non-sufficient funds/processing fee will automatically be added to the account. Additionally, full payment not processed 2 Fridays prior to the camp week will result in a withdrawal.

#### **Third Party Authorization**

Must be paid in full before registering for camp. Center Y Camps do not accept DDA or DSHS, please see our Child Care locations for acceptance of these agencies.

## **Scholarship**

Families unable to pay the full registration fee may be eligible for a scholarship. Scholarships are only available to those with a YMCA Membership. Visit your Y to learn more and apply. Please inquire with center membership staff. Scholarships are not able to be applied when registering online and must be processed in person at the center.

### **Foster Kids**

Foster kids are eligible for a YMCA Membership at no cost as well as the Member rate for Day Camp. Scholarships are available to Foster kids and may be obtained by application at the Welcome Center.