



HASELWOOD FAMILY YMCA | 360-698-YMCA

Monday-Thursday: 4:30am-10pm

Friday: 4:30am-9pm

Saturday: 6:30am-8:30pm

Sunday: 8am-8pm

PRESCHOOL ACTIVITIES

EFFECTIVE THROUGH March 28

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-10:45am Preschool Games Ages 3-6 Youth Multipurpose Room	9:15-9:45am Toddler Music and Motion Ages 1-3 Youth Multipurpose Room	9:30-10:45am Preschool Games Ages 3-6 Youth Multipurpose Room	9:15-9:45am Toddler Music and Motion Age 1-3 Youth Multipurpose Room	9:30-10:45am Preschool Games Ages 3-6 Youth Multipurpose Room	9:00 - 9:35am Intermediate Preschool Tumbling Ages 3 - 6	
11-11:35am Preschool Tumbling Ages 3-5	10-10:30am Toddler Sports Mix Age 1-3 Youth Multipurpose Room	11-11:35am Preschool Tumbling Ages 3-5	10-10:30am Toddler Gym Ages 1-3 Youth Multipurpose Room	10-10:45am Progressive Pre Ballet 1 (\$) Ages 3-4 Multipurpose Room 2	9:45-10:30am Progressive Pre Ballet 1&2 (\$) Ages 3-5 Youth Multipurpose Room	11:30-12:15pm Progressive Pre Ballet 1 (\$) Ages 3-4 Youth Multipurpose Room
11:45-12:20pm Preschool Tumbling Ages 3-5		11:45-12:20pm Preschool Tumbling Ages 3-5		11-11:45am Progressive Pre Ballet 2 (\$) Ages 4-5 Youth Multipurpose Room	11:15-11:50am Intro to Ballet Ages 3-5 Adventure Zone	12:30-1:15pm Progressive Pre Ballet 2 (\$) Ages 4-5 Youth Multipurpose Room
12:25-12:55pm Parent/Child Tumbling Ages 2-3 Youth Multipurpose Room	1:30-2:30pm Learn Play Grow Age 3-5 Youth Multipurpose Room/Art Room	1-1:45pm HSPE Art Exploration Age 3-6 Birthday Party Room	1:30-2:30pm Learn Play Grow Age 3-5 Youth Multipurpose Room/Art Room	1:30-2:30pm Learn Play Grow Age 3-5 Youth Multipurpose Room/Art Room	1:15 - 2:15pm Advanced Tumbling Ages 5 - 12 Youth Multipurpose Room *Instructor Permission Required	1:30-2:15pm Progressive Pre-Tap (\$) Ages 3-5 Youth Multipurpose Room
	4:15-4:45pm Preschool Fit Fun Ages 3-6 Youth Multipurpose Room	1:30-2:30pm Y Builders Age 3-5 Youth Multipurpose Room/Art Room	4-4:35pm Preschool Crafts Ages 3-6 Conference Room			
1:30-2:30pm Little Einstein's Ages 3-5 Birthday Party Room		4-4:35pm Intro to Ballet Ages 3-5 Adventure Zone	4:30-5:15pm Preschool Tumbling Ages 3-6 Youth Multipurpose Room	4:15-4:45pm Preschool Sports Mix Ages Youth Multipurpose Room		
		4:15-4:45pm Preschool Sports Skills Ages 3-4 Youth Multipurpose Room	5:30 - 6:15 Progressive Pre Ballet 2 Ages 4-5 Multipurpose Room 1			

REGISTERED PROGRAM

Winter 2 Session:

February 23 - March 28

Spring1 Registration:

March 29 - April 1

Parent's Night Out held every 3rd Friday of each month. Gym will be unavailable.

***Instructor Permission Required**

CLASS DESCRIPTIONS

PRESCHOOL GAMES	Ages 3-6: This drop-in preschool class will give your child an opportunity to learn how to play different types of sports and games for a fun filled hour and fifteen minutes.
INTRO TO DANCE	Ages 3-6: Children learn the basics of ballet or tap technique. Classes are designed as an introduction only.
PRESCHOOL SPORTS SKILLS	Ages 3-4 and 5-6: Participants learn, practice, and develop skills in one particular sport each session.
LITTLE LEARNERS	Ages 3-5: This Fee Based offering is for children learning a topic for the first time or to enhance and reinforce existing skills , this class includes instruction in reading, writing, counting and simple math, science, music, and art.
PROGRESSIVE DANCE (\$)	Ages 3-5 and 4-7: This fee based offering teaches students beginner-intermediate skills and techniques in either ballet, contemporary, hip hop or ballet/Jazz combination. Students who commit to this offering from September to December sessions will be eligible for priority registration and to participate in the 2016 Christmas Show case at the Bremerton Y.
LEARN PLAY GROW (\$)	Ages 3-5: This class has a \$5 dollar art supply fee. Children are read a story, create an art project, and get physical education in a variety of activities and games.
INTERMEDIATE PRESCHOOL TUMBLING (Instructor Permission Required)	Ages 3-6: Testing out of the Beginner level required. This class builds on the basic skills achieved in Beginner Gymnastics, and further develops coordination, strength, and flexibility.
PRESCHOOL TUMBLING	Ages 3-4 and 5-6: Classes provide activities that include an aerobic warm-up and stretching. Children will work on developing motor skills, body awareness, hand-eye coordination, and improve their strength and flexibility.
CHEERLEADING	Ages 4-6 and 7-12: This class will teach the beginning skills associated with cheerleading. These little athletes will have fun while extending their knowledge and ability of this dynamic sport.
PRESCHOOL FITNESS FUN	Ages 3-6: A complete fitness class for children that introduces them to full body strength and conditioning training. Training includes push-ups, squats, agility ladder, and jump rope.

PARENT/CHILD CLASSES

(Parents must accompany children to participate)

TODDLER SPORTS MIX	Ages 1-3 years: Instructors and parents will have the opportunity to introduce toddlers to a variety of traditional and playground style games .
TODDLER GYM	Ages 1-3 years: Toddler Gym is an opportunity for parents to help their young children explore the gymnastics equipment under the guidance of the staff. Parent participation is required.
PARENT/CHILD CREATIVE MOVEMENT (\$)	Ages 2-3: This fee based class teaches basic ballet or tap movements and music concepts are introduced through the teaching of imagination, self-expression, and group or parent /child interaction.
PARENT/CHILD TUMBLING	Ages 2-3: This class emphasizes basic motor skills, listening, and following directions in a class setting. Children will work on their hand-eye coordination, body awareness, and improving their strength and flexibility. Parent participation is required.
PARENT/CHILD PRESCHOOL ART	Ages 2-3: Creativity is explored as parents and preschoolers engage in hands-on projects using varying art mediums.
TODDLER MUSIC AND MOTION	Ages 1-3 years: Explore basic rhythm, marching songs, dancing and theatrical plays in this class designed for preschoolers.