



HASELWOOD FAMILY YMCA | 360-698-YMCA

Monday-Thursday: 4:30am-10pm

Friday: 4:30am-9pm

Saturday: 6:30am-8:30pm

Sunday: 8am-8pm

CLIMBING WALL

EFFECTIVE THROUGH MARCH 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30am-3pm Certified Member Climb	4:30am-3pm Certified Member Climb	4:30am-12:50pm Certified Member Climb	4:30am-3pm Certified Member Climb	4:30am-12:50pm Certified Member Climb	6:30am-10am Certified Member Climb	
		1pm-2:45pm Homeschool PE Climb		1pm-2:45pm Homeschool PE Climb	10am-12pm Staffed Climb Time**	8am-12pm Certified Member Climb
3:30pm-6:30pm Staffed Climb Time**	3:30pm-6pm Staffed Climb Time**	3:30pm-6pm Staffed Climb Time**	3:30-6pm Staffed Climb Time**	3:30pm-6:30pm Staffed Climb Time**	12pm-6pm Birthday Parties	12pm-2pm Staffed Climb Time**
	6pm-7:30pm Intermediate Climbing Class	6pm-7:30pm Beginner's Climbing Class	6pm-9pm Belay Certification Class			2pm-4pm Birthday Parties
6:30-9:45pm Certified Member Climb	7:30pm-9:45pm Certified Member Climb	7:30pm-9:45pm Certified Member Climb	9-9:45pm Certified Member Climb	6:30pm-8:45pm Certified Member Climb	6pm-8pm Certified Member Climb	4pm-7:30pm Certified Member Climb

Schedule subject to change without notice

** Ages 5-7 must have parent/guardian present

REGISTERED PROGRAMS

*Belay Certification Class: \$10 course fee (this class is offered the first 3 weeks of each session).

PROGRAM DESCRIPTIONS

BELAY CERTIFICATION CLASS	Learn the safety systems of belaying, knot tying, climbing commands, and basic climbing skills through hands-on climbing activities. Certification only valid at the Haselwood Family YMCA. PREREGISTRATION REQUIRED. Register online. (Ages 15 and older)
CERTIFIED MEMBER CLIMB	Members can sign up to climb the wall. Participants must provide their own certified belayer 15 years or older. Completion of Belay Certification Course is required. No staff is provided during this time.
HOMESCHOOL PE	Age appropriate skill development drills teach general fitness, sports, balance, teamwork, and more. Open to all homeschooled children during the school year and included in your YMCA membership.
STAFFED CLIMB TIME	This is a drop-in program that will have staff assigned to belay for participants. No sign-up is required. (Ages 5 and up) Children between 5 and 7 years old must have a parent/guardian present at all times.

IMPORTANT WALL INFORMATION

- Private instruction is not permitted on our wall
- No self-belaying
- No chalk
- No wet clothing
- No food or drink in the climbing wall area. Food is allowed in the Birthday Party Room.
- Climbers must wear closed-toe athletic shoes. Boots are not permitted.
- Climbers are allowed to bring in their own climbing shoes (Running shoes, Skeletoe shoes, etc.)
- Any spectators or climbers that are not climbing may stay in the safety zone to give the other climbers and belayer's space.
- Climbers are allowed to use personal harnesses after it has been certified by Zak Padayao (zpadayao@ymcapkc.org)

QUESTIONS?

Zak Padayao at 360-307-4013, or zpadayao@ymcapkc.org