



Winter 2 Youth Class List Bremerton Family YMCA

Class Descriptions on Reverse Page

Registration: February 23 – March 2, 2019

Session Dates: March 4 – March 31, 2019

****Registration is on a first come, first served basis****

***(\$XX Fee)* Denotes a Fee Based Class**

SPORTS PROGRAMS (REGISTRATION REQUIRED)

Botokukan Karate Beginner (Ages 7-Adult)	M/W	6pm-7pm	Annex
Botokukan Karate Advanced (Ages 7-Adult)	M/W	7pm-8pm	Annex
Sports Skills: Soccer (Ages 4-5)	Monday	5pm-5:30pm	Gym
Sports Mix (Ages 6-8)	Wednesday	6pm-6:30pm	Gym
Sports Mix (Ages 9-12)	Wednesday	6:30pm-7pm	Gym
Hapkido (Ages 7- Adult)	Thursday	6pm-7:30pm	Annex
Tang Soo Do (Ages 7- Adult)	Tue/Thur	8pm-8pm	Annex
Little Movers (Ages 3-5)	Friday	11:15-12pm	Annex
Sports Skills: Soccer (Ages 6-7)	Saturday	3:30pm-4pm	Gym
Sports Skills: Soccer (Ages 8-9)	Saturday	4pm-4:30pm	Gym

EARLY LEARNING- PRESCHOOL (REGISTRATION REQUIRED)

Art Appreciation (Ages 3-5)	Monday	10am-11am	Annex
Music Appreciation (Ages 3-5)	Tuesday	10am-11am	Annex
Construction Zone (Ages 3-5)	Wednesday	10am-11am	Annex
Learn, Play, Grow (Ages 3-5)	Thursday	10am-11am	Annex
Little Einsteins (Ages 3-5)	Friday	10am-11am	Annex

DANCE PROGRAMS (REGISTRATION REQUIRED)

Preschool Hip Hop (3-5 years)	Monday	4pm-4:45pm	Room 2
Beginning Ballet 1 (\$21 Fee) (Ages 4-7)	Monday	5pm-6pm	Annex
Beginning Ballet 2 (\$21 Fee) (Ages 7-10)	Monday	5pm-6pm	Room 2
Ballet/Tap Combo (\$21 Fee) (Ages 3-5)	Tuesday	4pm-4:45pm	Room 2
Beginning Hip-Hop (\$21 Fee) (Ages 6-10)	Tuesday	5pm-6pm	Annex
Intro to Jazz (Ages 6-10)	Tuesday	6pm-6:45pm	Annex
Performing Arts (\$21 Fee) (Ages 9-12)	Wednesday	4pm-5pm	P.O. Deck
Beginning Hip-Hop (\$21 Fee) (Ages 5-6)	Wednesday	4pm-4:45pm	Annex
Beginning Tap 1 (\$21) (Ages 4-7)	Wednesday	5pm-5:45pm	Annex
Adult Ballet (\$21) (Ages 16- Adult)	Wednesday	5pm-6pm	Room 2
Beginning Tap 2 (\$21 Fee) (Ages 7-10)	Thursday	5pm-5:45pm	Annex
Preschool Ballet/Tap Combo (Ages 3-5)	Friday	9am-9:45am	Annex
Parent and Child Creative Movement	Friday	10am-10:30am	P.O. Deck
Performing Arts (\$21 Fee) (Ages 6-8)	Friday	5pm-6pm	Annex
Intro to Ballet (Ages 6-10)	Saturday	10am-11am	Annex
Private Lessons (Ages 3-Adult)	TBD	TBD	TBD

GYMNASTICS PROGRAMS (REGISTRATION REQUIRED)

Preschool Gymnastics (Ages 3-5)	Thursday	5:30pm-6pm	Gymnasium
Beginning Tumbling (\$21 Fee) (Ages 5-8)	Saturday	1pm-1:45pm	Room 1

MUSIC, CULINARY AND VISUAL ARTS PROGRAMS (REGISTRATION REQUIRED)

Ukulele 1 (\$30 Fee) (Ages 6-8)	Monday	5pm-6pm	P.O. Deck
Ukulele 1 (\$30 Fee) (9-12)	Monday	6pm-7pm	P.O. Deck
Guitar 1 (\$30 Fee)(Ages 9-12)	Wednesday	5pm-6pm	P.O. Deck
Guitar 1 (\$30 Fee)(Ages 15-Adult)	Wednesday	6pm-7pm	P.O. Deck
Guitar 1(\$30 Fee)(Ages 6-12)	Friday	10am-11am	Activity Center
Culinary Kids (\$30 Fee) (Ages 6-9)	Monday	5pm-6pm	Activity Center
Culinary Kids (\$30 Fee) (Ages 10-14)	Monday	6:30pm-7:30pm	Activity Center
Culinary Kids(\$20)(Ages5-8)	Thursday	5pm-5:30pm	Activity Center

HOMESCHOOL (REGISTRATION REQUIRED)

HomeSchool PE (Ages 6-8)	M/W	11-11:45am	Gym
HomeSchool PE (Ages 9-12)	M/W	12-12:45pm	Gym
HomeSchool Swim (Ages 9-12)	M/W	11-11:45pm	Pool
HomeSchool Swim (Ages 6-8)	M/W	12-12:45pm	Pool

CLASS DESCRIPTIONS

Butokukan Karate stems from the fluid movements of the Chinese styles. Participants will focus on the Karate emphasis of breath control, correct posture, and balance

Hapkido: This Korean martial arts class teaches self-defense, using kicking, throwing, and joint-lock moves.

Tang Soo Do: Promotes confidence, physical fitness, flexibility, mind and body discipline, and self-defense skills.

Learn, Play, Grow: Children are read an engaging story by Y staff, create an art project, and play games.

Little Einsteins: An educational enrichment program where children learn about the wonders of their environment through exploration, and discussion.

Preschool Hip Hop: Children learn the basics of Hip Hop technique. Classes are designed as an introduction only prior to participating in regular hip hop classes.

Beginning Ballet: Beginning students learn preparatory exercises, focusing on creativity and exploration of movement. More advanced students engage in placement, technique, and musicality through barre, center, and enchainment (combination) exercises.

Ballet | Tap Combo: Learn introductory skills and techniques in both ballet and tap.

Beginning Hip Hop: Children learn the basics of Hip Hop technique. Classes are designed as an introduction only prior to participating in regular hip hop classes.

Intro to Jazz: Channel your inner Broadway dancer in this challenging and engaging class that emphasizes syncopation, expression, body alignment, and strength.

Beginning Tap: Children learn the basics of Tap technique. Classes are designed as an introduction only prior to participating in regular tap classes.

Adult Ballet: Ballet curriculum for adults. Progressive based of skill and experience. All levels are welcome.

Performance Team: Members are selected from YMCA dance programs and participate in two performance seasons a year.

Intro to Ballet: Children learn the basics of ballet technique. Classes are designed as an introduction only prior to participating in regular pre-ballet and ballet classes.

Private Dance Lessons: For ages 4 and up. Private dance lessons come in 1, 3 or 5 lesson bundles focusing on a style or goal you have for dance.

Guitar Lessons: Various lessons are available for ages 6 and above separated by skill and age. Lessons are geared towards progressive skill and technique for the students.

Homeschool P.E.: Age appropriate skill development drills teach general fitness, sports, balance, teamwork, and more. Open to all homeschooled children during the school year and included in your YMCA membership. Age ranges of 6-9 and 9-14.

Homeschool Visual Arts: Learn to create art projects while also learning techniques and history.

Homeschool Swim: A student-centered learning and exploration experience allows progressive success and an enjoyable experience. The five core components are personal safety, personal growth, stroke development, and water games and sports.

Culinary Arts: Learn to prepare and cook nutritious meals in a fun environment.