

# OUR VOICE

MORGAN FAMILY YMCA | OCTOBER 2018



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MEET OUR ARTS DEPARTMENT TEAM



From left to right: Kelly L (Senior Arts Director), Theresa D (Arts Director)

Meet Kelly and Theresa, who manage the Art and Dance programs at the Morgan Family YMCA, serving 700-900 students annually. Kelly and Theresa bring a wealth of talent, knowledge and passion to the Y, with extensive backgrounds in art, and dance. The Morgan Family YMCA Arts Department is recognized by the YMCA of the USA as one of the premier arts programs in the country. We offer a multitude of options including dance, visual and music arts and theatre.

## FALL 2 REGISTRATION

October 12-22 | 10am

Open Registration: October 12-October 22 | 10am

Session Dates: October 22-November 25

## HARVEST FEST

October 25

Fall is in the air! Mark your calendars for Harvest Fest on October 25. We will be celebrating the season with balloon artists, games and activities, bouncy house, prizes and treats. Don't miss the Pumpkin Parade, as our YMCA toddlers trick-or-treat through the Y at 11:30am.

### Pumpkin Parade

October 25, 11:30am | Toddlers

### Harvest Fest

October 25, 5-7pm | All Ages

## TEN MINUTE TUESDAYS

Tuesdays, 10am

Do you have 10 minutes at 10am on Tuesdays? Join us for a quick way to incorporate a healthy break in your day. Each time you attend, you will have an opportunity to learn a strength or balance move and more.

## PUMPKIN PARADE CANDY DONATIONS

October 1-24

To ensure all children receive a treat, we will be accepting bags of wrapped candy and giving away treats, at the Harvest Fest Celebration on Thursday, October 25.

## THIS MONTH AT THE Y:

### Parent Date Night

October 6 and 20 | 4-8pm

Register at Welcome Center or online

### Wednesday Workout Workshop

October 3, 17, 31 | 5:30pm

ErgFit Rowing

October 10, 24 | 5:30pm

Kettlebells and Sand Bags

Meet in Raquetball lobby

### Teen of the Court

Wednesdays | 6pm

Main Gym

### DIY Make a Wreath

October 16 | 5:30-6:15pm

Register Online

### Film-N-Float

October 18 | 4:45pm

Hotel Transylvania

Instructional Pool

### Adult Modern Dance Class

#### Barefoot Collective

October 21-November 18

Register online

## Y ARTS WEEK

October 1-6

We're celebrating Arts Month! Walk the hallways to see artwork from Y Arts students. Cast your vote for your favorite pieces. Join us for a closing artists reception on Friday, October 5 at 6:30pm in the lobby.

Entry into the Tacoma Arts Museum is free for Y members all day Saturday, October 6.



YMCAPKC.ORG